Together we have worked to help lots of people to be healthy and live well.

We have become one of the best Integrated Care Systems (ICS) in the country.

An Integrated Care System is when NHS services work together with the local council and other organisations to give better care to people.
In this document we will tell you about our new plan and how it will help people in the next five years.

In 2017 we let the public see our plans and listened to what they thought about them. Their ideas helped us to write our new plan.

Our goal is for everyone in South Yorkshire and Bassetlaw to have the best possible start to life, with support to be healthy and live well, for longer.

In this document we will tell you about our new plan and how it will help people in the next five years.
Helping people be healthier

People in South Yorkshire and Bassetlaw are not as healthy as most people in the country.

We have a lot of problems with:

- Smoking cigarettes.
- Obesity (being overweight).
- Physical inactivity (not exercising enough).
We will look at the reasons for these problems to try and help stop them in the future.

- Drinking too much alcohol.
- Mental illness.
- Suicide (taking your own life).
We will:

- Improve our care for people with diabetes.

- Improve our care for people with respiratory (breathing) conditions.

- Help people to exercise and live healthy.

- Work to make sure there is less heart disease.
Mental health.

Cancer.

We have already improved our care for:

- Help people stop smoking.
- Help people to drink less alcohol.
- Cancer.
- Mental health.
Learning disabilities.

Children’s services.

Maternity services.
We have decided to make an online membership system so that more people can share their experiences and help us improve our services.

Since 2017 we have talked a lot with the public and the people that work for us.

We do this because hearing from patients, the public and staff help us to make sure the health services that we give are right for them.

To help us continue learning from the public we have a Citizens Panel. On the panel local people tell us what they think about our work.

We have decided to make an online membership system so that more people can share their experiences and help us improve our services.
To help people want to work for the NHS, we want to make sure children in schools know about NHS jobs.

We have lots of plans to get more staff and make sure our staff meet our patients’ needs.

To make sure there are enough staff in the right places we want to make it easier for staff to work in different places.
The new digital systems will let patients:

- Get tips on how to be healthier.
● See their own health records.

● Book appointments.

● Have appointments by video call.

The systems are safe and private. No one can see your records who isn’t supposed to.
Primary Care Networks (PCNs) are when different NHS services work together. There are now 30 in South Yorkshire and Bassetlaw.

The different networks meet to talk about how they will make local healthcare services better.

They might choose to do things like work more closely with pharmacies, paramedics (ambulance staff), mental health services, or local schools.
We would like to help people who are getting older to stay well.

To do this we will:

- Work to stop older people from falling.
- Try out new technology so that families and doctors can tell if an older person gets unwell.
- More support for families and people who look after older people.
We will do this by improving community based services for people, so that they can be cared for closer to where they live.

More support in the community for people living with dementia.

Urgent care

We are making plans to help people to be treated without having to go into hospital.

We will do this by improving community based services for people, so that they can be cared for closer to where they live.

We will also work with the hospitals to make sure people can go home as quickly as they can when they no longer need hospital care.
Our plan is to have more urgent treatment centres in the future.

Since our 2016 plan, we have made two urgent treatment centres where people can get health care fast.

This means less people have to go to Accident & Emergency (A&E).

Our plan is to have more urgent treatment centres in the future.

We also plan to:

- Work with paramedics to make sure people get from the ambulance into the hospital quicker.
• Have paramedics care for people where they are if they do not need to go to the hospital.

• Make it easier for people to book appointments by improving the 111 phone and online service.

• Talk to care home staff about when they should call 999.

Appointments

People can travel for a long time for a hospital appointment so we are looking at how we can make this better for people.
We will make sure we spend our money carefully so that we have enough money to carry on helping people every year.

We are trying new things like having appointments over video call and calling people earlier with good news about their test results.

We will move more services that used to only be in hospitals closer to where people live.

How we spend our money

We will make sure we spend our money carefully so that we have enough money to carry on helping people every year.

Some ideas we have for saving money include:

- Making better use of our own staff instead of paying more for temporary staff.
Working together with other organisations to buy things like equipment so that we can spend less money.

We work together with other organisations as we think it is the best way to make sure patients get the care they need.

One of the organisations we have teamed up with is the Yorkshire and Humber Academic Health Science Network to create an Innovation Hub. This is a place where we will think of new ideas for helping people.
By working together we can:

- Do better research so that we can improve services.

- Give more support for children and families who need it to help them at school.

- Make sure children get the best start in life by doing things like help children get better mental health support in school.

- Give more support for people with mental illness to help them work and stay well in work.
• Support people to get advice on things like debt and benefits.

• Improve cycling and walking routes, to help people to exercise more.

We also want to offer more local jobs and buy more of the things the NHS needs from local companies.
Thank you for reading. If you want to contact us you can do so by:

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