Breast cancer
Know your symptoms

- A lump or area of thickened tissue in either breast that was not there before
- A change in the size or shape of one or both breasts
- Bloodstained discharge from either of your nipples
- A lump or swelling in either of your armpits
- Dimpling on the skin of your breasts
- A rash on or around your nipple
- A change in the appearance of your nipple, such as becoming sunken into your breast

Most breast lumps (90%) aren’t cancerous, but it’s always best to have them checked by your doctor.

You should see your GP if you notice any of these symptoms.

Source: NHS Choices 2018

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Developed by South Yorkshire, Bassetlaw and North Derbyshire Cancer Alliance

Screening, Awareness, Fast, Early