The Living with and Beyond Cancer Programme

Share and Learn #1
October 2016
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Our aim is to:

- to **share information** on what’s happening across the programme footprint
- to **help inform discussions** in localities with PABC and other local implementation team members about the potential options for service design/redesign
- inform the **practical how-to**, after locality gap analysis
- **launch** a toolkit of practical examples for the programme
Theories of change

There are three aspects to the theory of change:

• the theory around the *programme approach* and why it will enable effective implementation of the LWABC model

• the theory around *how best to* bring about implementation of the LWABC model

• the theory around *the benefits of the* LWABC model
Themes from across our localities

• Lots of great work and services out there
• Importance of community access, co-ordination and linking PABC to support (navigation)
• Need for **diverse access and delivery options** eg: psychological support, physical activity and information
• It’s **not** just about specialist cancer services
• Having ‘**Conversations**’, tools and validation
• Risk stratified pathways – **Prostate Cancer**
• **Cancer Care Reviews** – what/how/quality?
• Role of **models of care around GP practices** in local communities/neighbourhoods (primary care strategy)
• Range of **approaches to HWB** (1:1, group, course) and their sustainability
• Use of **electronic tools**: documents on Infoflex, eHNA, Apps ++
• Evidence of **impact/what works**
• **Workforce** development: culture, training, roles
• All **tumour sites**/x3 tumour sites programme
Conditioning the environment

• What is the **understanding** of: “HNA”, “The Recovery Package”, “Cancer as a LTC” etc… amongst Cancer professionals and outside the cancer world?

• Is there a need for a tiered (general and targeted) **awareness training**, thinking ‘Dementia friends’ (general) and ‘Kite Mark’ (targeted), which would like to sign posting and basic, holistic care principles … programme level?

• Example – Manchester **workforce training analysis**, led to LCS
(Steve/Liz)
What’s happening beyond cancer services

- Social Prescribing
- Care Navigation eg: West Wakefield Health & Wellbeing’s vanguard
- Risk stratification
- Long term condition management
- Primary care commissioning strategy
- Unplanned care systems/OOH – re direction to AOS/Community
- Care closer to home
- Personalisation
- Carers support
- Community asset mapping (Care Act)
- Local government role (communities/neighbourhoods)
- Voluntary and community sector role
- Exercise on referral
- Mental health strategy eg: IAPT, talking therapies, Eco therapy etc…
Online toolkit development, guidance and contracts

- **Guidance** – NHSE, NCSI ‘How to guide’, Macmillan +++
- **Case for change** – LWABC programme PID
- **Pathways** – High value pathways and examples of risk stratification
- **Business case** – draft the collated evidence of impact to date
- **Shared Policies** – eg: London wide HNA & Treatment summary templates
- ‘how to’ - case examples
- **New guidance eg**: Primary care general practice forward view and making time in general practice
- **Specifications** – eg: enhanced services ?
- 2017/18 **Acute contract** - Activity metrics and CQUINs
- 2017/18 – 2018/19 incentives to reduce inappropriate outpatient follow ups