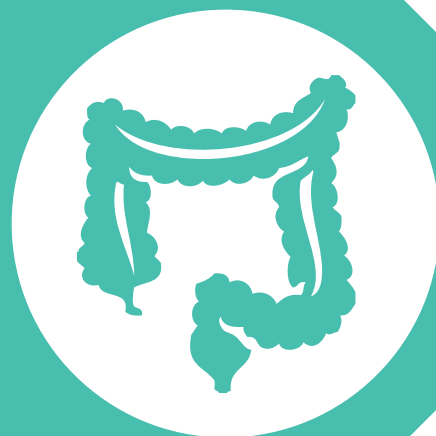


Bowel cancer

Know your symptoms



The three main symptoms of bowel cancer are:

- 1** Persistent blood in your stools (poo) – that occurs for no obvious reason or is associated with a change in bowel habit
- 2** A persistent change in your bowel habit – which usually means going more often, with looser stools
- 3** Persistent lower abdominal (tummy) pain, bloating or discomfort – that's always caused by eating and may be associated with loss of appetite or significant unintentional weight loss

Most people diagnosed with bowel cancer are over the age of 60 but it can affect younger people.

To detect cases of bowel cancer sooner, the NHS offers bowel cancer screening to adults aged 60-74 registered with a GP in England

If you experience any of these symptoms make an appointment with your GP as soon as possible - don't wait for screening.


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Developed by South Yorkshire, Bassetlaw and North Derbyshire Cancer Alliance

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Screening, Awareness, Fast, Early