Lung cancer
Know your symptoms

#becancersafe

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Developed for South Yorkshire, Bassetlaw and North Derbyshire Cancer Alliance
There are usually no signs or symptoms of lung cancer at first.

Many people with lung cancer will get symptoms later.

The signs of lung cancer are:

- A cough that doesn’t go away after 3 weeks
- A cough that you have had for a while that is getting worse

- Getting a lot of chest infections

- Coughing up blood
• An ache or pain when breathing or coughing

• Being breathless a lot

• Being tired a lot or having no energy
• Not being hungry or losing weight

You should see your GP if you have any of these symptoms.
Most people who get lung cancer are 70-74 years old.

Lung cancer is rare in people younger than 40 years old.

The type of treatment people have depends on the type of cancer, how far it has spread and how good the patient’s health is.
If you smoke more than 25 cigarettes a day, you are 25 times more likely to get lung cancer than a non-smoker.

People who have never smoked can get lung cancer.

But smoking is the cause of lung cancer in 85% of people who get lung cancer.
Stopping smoking

The best way to prevent lung cancer is to quit smoking as soon as possible.

It is never too late to benefit from quitting smoking, even if you have been smoking for a very long time.

For help stopping smoking speak to your GP or practice nurse.

This easy read document has been produced by CHANGE www.changepeople.org